

# EYES ON DIABETES

World Diabetes Day 2018

**Diabetes can damage blood vessels in the eye causing diabetic eye disease...**

**#1** cause of  
*permanent*  
**BLINDNESS**

\*According to the Center for Disease & Control

*Increased risk of*  
**RETINAL  
DETACHMENT**

*Symptoms include  
blurred vision*  
**FLOATERS**  
*double vision*

## WHAT CAN YOU DO?

- 1. Get regular diabetic screenings with your family doctor & schedule yearly, dilated eye exams with your eye doctor.**
- 2. Closely monitor & control blood sugars, pressures and cholesterol.**
- 3. Prioritize your physical health with regular exercise & a balanced diet.**

## HOW WE CAN HELP

**Wolfe Eye Clinic has expertise in diagnosing & treating diabetic eye disease, helping Iowans live better.**

**Call to  
learn more** | **(800) 542-7956**  
[wolfeeyeclinic.com](http://wolfeeyeclinic.com)